

SUNDAY 24 FEBRUARY CTICC 2 DOORS OPEN 9:00									
ROOM 1	10:00	11:00	12:00	13:00 LUNCH	14:00	15:00	16:00	Alex Clare live CLOSING CONCERT 17:00	
	Major General Yaakov Amidror World shifts of power As the Berlin Wall fell, bringing the curtain down on the Cold War, political commentators talked about “the end of history”, and the ushering in of an era of unprecedented peace. Nearly three decades later, the world is more dangerous and divided than it has ever been. Strongmen leaders hold the reins in countries such as Russia, Hungary, Turkey and the Philippines, and are gaining traction across Europe and Central Asia. Global Jihadism remains on the rise, even in the wake of a waning Isis. New, frightening forms of warfare are emerging, and new battle lines are being drawn. In this wide-angle view of global geopolitics, Major General Yaakov Amidror – former National Security Advisor to Prime Minister Binyamin Netanyahu – fills us in on the international picture. What has changed under Trump? What does Russia want? What’s up with North Korea? What role do emerging superpowers China and India have to play? What are Iran and the Saudis playing at in the Middle East? Are intergovernmental forces such as NATO and the UN becoming obsolete?	Rabbi David Aaron Relevance of shul Historically, the synagogue has played a central role in Judaism, driving the identity, vibrancy and dynamism of Jewish community life. However, in the 21st century, where there is so much competition for people’s attention, as they are building communities everywhere – book clubs, yoga classes, online – we need to rethink the way we interact with our shuls in order for them to maintain their centrality in our lives. Rabbi David Aaron tackles the issue head-on, going back to the shul’s spiritual roots. Join him as he explores the transformational power of prayer, and how it’s enhanced by doing it together, as he charts a path for the shul as a bustling, vibrant hub of inspiration and creative Jewish expression.	Slovie Jungreis-Wolff Being Jewish, marrying Jewish, staying Jewish Living in a diverse, open, democratic society is one of the blessings we have today – yet, inevitably, such freedom comes with its own formidable challenges. In a world of constant change, how do we maintain strong Jewish roots? In a world of democratised information and instant communication, how do we continue passing on our ancient tradition to the next generation? In a world of equality and acceptance, why <i>should</i> we marry Jewish? Most fundamentally, in a world where identity itself is in question, what does it mean to be a Jew? Acclaimed relationships and parenting instructor, Slovie Jungreis-Wolff, tackles the issue of intermarriage at its roots.		Rabbi David Aaron The four Kabbalistic secrets of healthy relationships Research shows that healthy relationships are the key determinant of health, happiness and longevity. But, relationships are more than just the secret to living a good life. In Kabbalistic thought, they are the very foundation of creation, the building blocks of the world. In this deep yet practical talk by Rabbi David Aaron, discover the four key secrets to building beautiful, loving bonds with parents, children, spouses and friends.	Rabbi Simon Jacobson The 21st century Jew Things are changing at breakneck speed. In 2019, our world is unrecognisable from the world we inhabited even as recently as a decade ago. Technology, in particular, has changed the way we talk, travel, work, love and live. These changes have improved our lives in countless ways, but they also pose distinct challenges and problems. Instead of bringing people together, they are pulling people apart. Instead of making our lives simpler, they are making our lives immeasurably more complex. How do we navigate these changes? How do we harness them for positive transformation? How do we build families, live meaningful lives and contribute to our communities? And – as Jews have done throughout history – how do we continue driving progress within society at large? Rabbi Simon Jacobson lays out a unique Jewish roadmap for being our best selves and building our best world.	Slovie Jungreis-Wolff Gifts my mother gave me Esther Jungreis: A dynamic orator and inspiration to all who heard her speak, passed away in 2016, leaving a legend, a story and her daughter Slovie. In this emotional and uplifting talk, accompanied by videos and excerpts, Slovie Jungreis-Wolff will speak about her mother’s legacy, and bring her memory to life. She will explore her mother’s love for the Jewish people, her passion and her faith after fire. This talk is about the woman whose teachings and wisdom will live forever.		
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ROOM 2	Rabbi Simon Jacobson Marriage: The secret We live in times of crisis for intimacy and relationships. Marriage rates in the west are plummeting, and for those who do take the plunge, almost half end up getting divorced. Is there a formula for a healthy and successful marriage? Discover what more than 3 300 years of Jewish wisdom says about the art of love and the soul of marriage, igniting the passionate spark of intimacy, resolving conflicts at home, and finding and maintaining fulfilling relationships. Rabbi Simon Jacobson delivers a marriage masterclass.	Nili Couzens (women only) Leading lady Jewish women. We know them, we fear them, we are in awe of them. Throughout our Torah’s history, Jewish women have always been leaders – and they still are today. And now, led by one of the most influential women, a leader and a representative for ladies everywhere, Nili Couzens takes us on a fast-forward, eye-opening and influential tour of Jewish women throughout time, and the secret power behind them.	Alex Clare Rockstar rabbi: A life story You’ve heard his voice, now hear his story. A multitalented, multifaceted man, Alex Clare shares his narrative of staying true to Torah values in the world of rock ’n roll superstardom. Clare’s story has evolved since we heard him last. After leaving London with his wife and two children, Clare settled in Jerusalem, where he began learning at some of the top institutions in Israel, aiming for <i>smicha</i>. At the same time, he was writing music for international artists and DJs – and even doing world tours. Clare has now written and recorded with artists such as Don Diablo and Bakermat, and divides his time between the <i>beis midrash</i> and the recording studio. A tale of epic proportions, hold onto your seat for this rollercoaster ride.	13:00 LUNCH	Major General Yaakov Amidror Riding the storm: How Israel is adapting to a rapidly shifting Middle East Dramatic changes are sweeping the Middle East. Alliances are shifting quickly and what were once sworn enemies are becoming crucial allies. Proxy wars are being fought across the region, swirling geopolitical tides are turning an already volatile part of the world into a tinderbox, and political posturing, backchannel bargaining and under-the-table agreements have reached a fever pitch not seen since the Cold War. The question is, what does all of this mean for Israel and what unique challenges and opportunities does this situation present? How is the Jewish State maintaining its qualitative military edge? What has the Netanyahu administration been up to these past few years as it seeks to safeguard Israel’s long-term security interests? Major General Yaakov Amidror – former National Security Advisor to the Prime Minister – offers a no-holds-barred look into Israel’s military, security and strategic affairs.	Nili Couzens Five levels of the soul: Five levels of pleasure We are made up of body and soul, and the two work together to create our being – who we are and what we stand for. And while we know about our body, we need to learn more about our soul. Our souls are made up of five levels, each with a corresponding pleasure. And each of the levels of the soul is an essential part of “you”. In this talk, we’ll learn how to finally decipher the amorphous feeling of: “I don’t know... but something’s missing.”	Rabbi David Aaron Living on purpose We are infinitely greater than we think and therefore our lives are intrinsically more meaningful. We just need to discover both our internal and our eternal connection with G-d. How can we serve so we can channel G-d’s blessings into everything we think, say and do? In this talk, Rabbi David Aaron will give us perspective, as well as practical tools for tuning into why we are here and how we can best serve the world in our unique way. Let’s find our purpose and live it to the fullest.		

THEY'RE BACK

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SLOVIE JUNGREIS-WOLFF

She's powerful and compassionate, she's soulful and worldly, she's insistent and understanding, and she's back. Slovie Jungreis-Wolff is an acclaimed relationships and parenting instructor. Her groundbreaking book, *Raising a Child with Soul*, has been a source of guidance and support to countless parents around the world, providing them with the keys to raising children with gratitude, respect, compassion and healthy priorities. For over 20 years, Jungreis-Wolff has taught young couples and parents at Hineni International, the pioneering Jewish outreach organisation founded by her mother, Rebbetzin Esther Jungreis. She also writes prolifically on marriage, parenting, spiritual growth and psychological well-being.

ALEX CLARE

Our bona fide British rock star Alex Clare brings back both his evolving story and his guitar to inspire, uplift and ignite. In the mid-2000s, Clare decided to change his life and became religious, and lost a record deal due to his observance. However, nothing could stop him from becoming the superstar he was born to be. He has hit number four on the UK Singles Chart and number seven on the US Billboard Hot 100. He has been nominated for five World Music Awards and counts Beyoncé and Adele among his fans. Clare is one of the few people in the world who successfully juggles a religious lifestyle while maintaining a truly booming music career.

MAJOR GENERAL YAAKOV AMIDROR

Major General Yaakov Amidror, former national security advisor to Prime Minister Binyamin Netanyahu, returns to our Sinai stage as a master on all matters of Israel's national security. This is an opportunity to listen to the man who was the head of the Research Department of Israeli military intelligence, played a central role in high-level talks with US officials over the Iranian nuclear programme, led efforts to restore relations with Turkey following the Gaza flotilla incident, and presided over Operation Pillar of Defence – an IDF operation aimed at halting rocket attacks from Gaza. Today, he is the Anne and Greg Rosshandler Senior Fellow at the Jerusalem Institute for Strategic Studies, a leading security think tank. Amidror offers a no-holds-barred look into Israel's military, security and strategic affairs.

NILI COUZENS

She has enriched the lives of thousands of women from every corner of the Jewish world through the Jewish Women's Renaissance Project (JWRP). And now, Nili Couzens returns, armed with her practical Torah wisdom, sense of humour and relatable, down-to-earth ways. A true representation of women in leadership and sisterhood, this wife and mother uses her remarkable wit, pragmatic manner and deep understanding of life and its potential to reach out, connect and inspire women across the globe, at every stage of their Jewish journey.

RABBI SIMON JACOBSON

New to Sinai and most well-known for his best-selling book, *Toward a Meaningful Life*, his Meaningful Life Center has been described as the spiritual Starbucks by the *New York Times*. Rabbi Simon Jacobson is easily considered one of the most outstanding speakers in the Jewish world today. His books have sold over 300 000 copies and have been translated into Hebrew, French, Spanish, Dutch, Portuguese, Italian, Russian, German, Hungarian, Polish, Czech and Georgian. Clearly no stranger to the media, Rabbi Jacobson has been interviewed on over 300 radio and TV shows, including *CNN with Larry King* and the *Charlie Rose Show*.

His sought-after talks have captured the hearts of thousands of participants on six continents and in 40 states, with a strong, spiritual message and unique insight into the human condition. Rabbi Jacobson is truly a master in applying Jewish thought to contemporary life and possesses the unique ability to express the timeless teachings of the Torah in a modern and relevant way.

CAMP
SINAI

Sinai Encore is sponsoring a **FREE** camp for kids so you can enjoy an inspirational and stress-free day, knowing your kids are being looked after in the room next door.

Space is limited, so booking is essential.

Book now at sinai-indaba.co.za

RABBI DAVID AARON

A leading educator of Jewish spirituality and Kabbalah for over 35 years, Rabbi David Aaron returns to the Sinai stage to challenge his audience to look at their deepest fears and assumptions about their beliefs, and ultimately discover that a new view of G-d and themselves will grant them access to a power they have never experienced before. Rabbi Aaron is a best-selling author and a compelling speaker. He has written eight books, including *The Secret Life of G-d*, *Inviting G-d In* and *Love is My Religion*, which have attracted substantial media attention, from *Larry King Live* to *E! Entertainment*. Using gentle humour and deep insights, Rabbi Aaron urges us to change the way in which we look at G-d, ourselves and our purpose in the world.

Dear Friends

Our world is moving so quickly, with genetic modification, global shifts in political power, the rising cost of living and instant access to endless content. This year's Sinai Indaba confronts these burning issues.

To explore the issues and unpack our Divine guidance for life, we've brought back some of the Jewish world's top thinkers and speakers, whose eloquence and insight promise to enthrall.

Our challenges may seem new, but their solutions are encapsulated in our eternal Torah wisdom, G-d's blueprint that guides us. As our sages say: "Turn it [the Torah] over and over, because everything is in it."

At Sinai Indaba, we draw on the warmth and energy of being part of the spectacular South African Jewish community. May the insights we get help us confront life's challenges with confidence, courage and clarity.

See you at Sinai!

Warren Goldstein

Chief Rabbi Warren Goldstein

WITH GRATEFUL THANKS

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