

SUNDAY 3 MARCH SANDTON CONVENTION CENTRE DOORS OPEN 9:00								
ROOM 1	10:00	11:00	12:00	13:00 LUNCH	14:00	15:00	16:00	Yonatan Razel and Alex Clare live CLOSING CONCERT 17:00
	David Sacks	Major General Yaakov Amidror	Slovie Jungreis-Wolff		Slovie Jungreis-Wolff	Dr David Pelcovitz	Rabbi Simon Jacobson	
	Lessons from raising kids in Hollywood Parenting is among the most mysterious of adventures. It's a lifetime journey where you are equipped with everything except the map. Nonetheless, the Jewish people have been blessed with Divine wisdom that can provide a torch to light up the darkness. In this talk, David Sacks will cull from personal stories and experiences growing up in New York City, and raising children in Hollywood, California, drawing from both mystical teachings and very practical <i>halachas</i>, that inform both the psychological components of parenting to the Torah vision of how to do our best at this most vital task.	Riding the storm: How Israel is adapting to a rapidly shifting Middle East Dramatic changes are sweeping the Middle East. Alliances are shifting quickly and what were once sworn enemies are becoming crucial allies. Proxy wars are being fought across the region, swirling geopolitical tides are turning an already volatile part of the world into a tinderbox, and political posturing, backchannel bargaining and under-the-table agreements have reached a fever pitch not seen since the Cold War. The question is, what does all of this mean for Israel and what unique challenges and opportunities does this situation present? How is the Jewish State maintaining its qualitative military edge? What has the Netanyahu administration been up to these past few years as it seeks to safeguard Israel's long-term security interests? Major General Yaakov Amidror – former National Security Advisor to the Prime Minister – offers a no-holds-barred look into Israel's military, security and strategic affairs.	Being Jewish, marrying Jewish, staying Jewish Living in a diverse, open, democratic society is one of the blessings we have today – yet, inevitably, such freedom comes with its own formidable challenges. In a world of constant change, how do we maintain strong Jewish roots? In a world of democratised information and instant communication, how do we continue passing on our ancient tradition to the next generation? In a world of equality and acceptance, why <i>should</i> we marry Jewish? Most fundamentally, in a world where identity itself is in question, what does it mean to be a Jew? Acclaimed relationships and parenting instructor, Slovie Jungreis-Wolff, tackles the issue of intermarriage at its roots.		Gifts my mother gave me Esther Jungreis: A dynamic orator and inspiration to all who heard her speak, passed away in 2016, leaving a legend, a story and her daughter Slovie. In this emotional and uplifting talk, accompanied by videos and excerpts, Slovie Jungreis-Wolff will speak about her mother's legacy, and bring her memory to life. She will explore her mother's love for the Jewish people, her passion and her faith after fire. This talk is about the woman whose teachings and wisdom will live forever.	Parenting and pornography Managing the challenge of easy access to pornography has become one of the most pressing issues in parenting. Recent surveys have shown that both children and adults are concerned about the use of pornography, and are looking for guidance on effective strategies for control. Among the problems that accompany pornography use is the reality that it often conveys messages about intimacy that are antithetical to our value system, portraying an approach to sexuality that is self-centred, superficial and loveless. Join world-renowned psychologist Dr David Pelcovitz as he gives specific research-informed approaches to developing an effective, collaborative style with our children in attaining responsible use of this powerful medium, with a focus on the importance of parents modelling responsible internet use.	The 21st century Jew Things are changing at breakneck speed. In 2019, our world is unrecognisable from the world we inhabited even as recently as a decade ago. Technology, in particular, has changed the way we talk, travel, work, love and live. These changes have improved our lives in countless ways, but they also pose distinct challenges and problems. Instead of bringing people together, they are pulling people apart. Instead of making our lives simpler, they are making our lives immeasurably more complex. How do we navigate these changes? How do we harness them for positive transformation? How do we build families, live meaningful lives and contribute to our communities? And – as Jews have done throughout history – how do we continue driving progress within society at large? Rabbi Simon Jacobson lays out a unique Jewish roadmap for being our best selves and building our best world.	
ROOM 2	10:00	11:00	12:00	13:00 LUNCH	14:00	15:00	16:00	
	Rabbi Dr Akiva Tatz	Rabbanit Yemima Mizrachi (women only)	Rabbi Simon Jacobson		Major General Yaakov Amidror	Rabbi Dr Akiva Tatz	Rabbanit Yemima Mizrachi (women only)	
	Brave new world. The new genetics Welcome to the 21st century – a time where designer babies, genetic editing and preventing genetic abnormalities are all reality. This is a world where we have recently discovered a unique Jewish gene. It's a world we need to prepare for. Join Rabbi Dr Akiva Tatz as he explores how these advances are affecting modern life and explains what young people need to know about them, before marriage.	Thank you for not making me a man As they have done throughout Jewish history, women join together and fight for the integrity of the home. Worldwide, women's networks are springing up, as women everywhere come together to fight for love and for life. Strong, passionate, supportive women are holding things together. In this heartfelt talk, Rabbanit Yemima Mizrachi, the most popular female Jewish educator in Israel and recently voted one of its most influential women, explores the awe-inspiring power of femininity.	Marriage: The secret We live in times of crisis for intimacy and relationships. Marriage rates in the west are plummeting, and for those who do take the plunge, almost half end up getting divorced. Is there a formula for a healthy and successful marriage? Discover what more than 3 300 years of Jewish wisdom says about the art of love and the soul of marriage, igniting the passionate spark of intimacy, resolving conflicts at home, and finding and maintaining fulfilling relationships. Rabbi Simon Jacobson delivers a marriage masterclass.		World shifts of power As the Berlin Wall fell, bringing the curtain down on the Cold War, political commentators talked about “the end of history”, and the ushering in of an era of unprecedented peace. Nearly three decades later, the world is more dangerous and divided than it has ever been. Strongmen leaders hold the reins in countries such as Russia, Hungary, Turkey and the Philippines, and are gaining traction across Europe and Central Asia. Global Jihadism remains on the rise, even in the wake of a waning Isis. New, frightening forms of warfare are emerging, and new battle lines are being drawn. In this wide-angle view of global geopolitics, Major General Yaakov Amidror – former National Security Advisor to Prime Minister Binyamin Netanyahu – fills us in on the international picture. What has changed under Trump? What does Russia want? What's up with North Korea? What role do emerging superpowers China and India have to play? What are Iran and the Saudis playing at in the Middle East? Are intergovernmental forces such as NATO and the UN becoming obsolete?	Moral dilemmas in everyday life: How do we decide? Life requires making moral choices. Should a driver avoid a group of people in the road even if that means driving off a cliff – certain death for the driver? How should self-driving cars be programmed for such scenarios? How do we know what is right in the first place – is our moral intuition reliable? In this incisive talk, Rabbi Tatz explores some of life's most difficult challenges to discover what morality really is – with major consequences for society and the education of our children.	Tefillah: Unite our hearts It was a woman, Hannah, who taught us how to pray, and it is women who continue to exemplify this mitzvah, the very beating heart of Judaism. Prayer is more than a rendezvous with the Divine, it is a spiritual electricity that connects us across peoples, continents and time itself. In a world of dispersion and isolation, where connection – real, spiritual connection – is in short supply, prayer can unite our hearts like nothing else can. Join Rabbanit Yemima Mizrachi as she explores an exhilarating experience that goes beyond ritual, beyond convention – an experience of pure, unadulterated connection.	
ROOM 3	10:00	11:00	12:00	13:00 LUNCH	14:00	15:00	16:00	
	Rabbi Zev Leff	Gary Torgow	Dr David Pelcovitz		Rabbi Zev Leff	David Sacks	Alex Clare	
	Shalom: The Divine symphony Shalom means hello and goodbye. Shalom means peace. Shalom is a name – one of the names of G-d, in fact. But, its essential meaning is something all-encompassing – literally. Perhaps the most hallowed Jewish value, shalom is about harmony and wholeness, a unity within diversity, the coming together of disparate parts all playing their role to perfection in a Divine symphony. Join Rabbi Zev Leff on a journey into the heart of Judaism.	The high cost of living as a Jew The Jewish world is being challenged. There are the age-old existential ordeals of assimilation and anti-Semitism, but a new issue has reared its head in recent years – the high cost of Jewish living. Individuals are feeling the pinch, but so are shuls, welfare institutions and various other communal organisations. Is there a way out? Gary Torgow, who, in addition to being on the board of some of Detroit's biggest firms, has devoted much of his life to Jewish community volunteer work and philanthropy, has a few ideas.	Anxiety Over the past decade, there has been a significant increase in prevalence rates of anxiety, and anxiety disorders have become the most common reason for referral to mental health professionals. In this practical and essential talk by one of the most knowledgeable psychologists in the world, we will examine some of the powerful forces shaping this epidemic. Practical recommendations will be made on approaches to anxiety management, with a focus on coping with stress and anxiety at home and work.		The metaphysics of anti-Semitism Judaism assigns all nations of the world a share in the World to Come and a unique purpose to fulfil in this world. But there's an emphasis on unique. As Jews, we are meant to celebrate our uniqueness and draw nourishment from it. And when we don't – when we seek to blend in with everyone else – anti-Semitism starts to take root. In this deep exploration of the metaphysics of anti-Semitism, Rabbi Zev Leff argues that to keep it at bay, we need to insulate ourselves, rather than isolate ourselves, protecting and preserving our precious heritage.	Celebrating life's best kept secret, shul To paraphrase David Sacks, co-founder of the Happy Minyan of Los Angeles: “For many of us, shul seems like the fourth best thing to do with a day off.” However, for this Hollywood writer and senior lecturer, going to shul is the centre of his life. In this talk – one that directly faces a pertinent and weekly struggle head-on – we'll learn strategies for getting the most out of our <i>davening</i> experience and discover the secrets to loving shul, and why it's more crucial for us today than ever before.	Rockstar rabbi: A life story You've heard his voice, now hear his story. A multitalented, multifaceted man, Alex Clare shares his narrative of staying true to Torah values in the world of rock 'n roll superstardom. Clare's story has evolved since we heard him last. After leaving London with his wife and two children, Clare settled in Jerusalem, where he began learning at some of the top institutions in Israel, aiming for <i>smicha</i>. At the same time, he was writing music for international artists and DJs – and even doing world tours. Clare has now written and recorded with artists such as Don Diablo and Bakermat, and divides his time between the <i>beis midrash</i> and the recording studio. A tale of epic proportions, hold onto your seat for this rollercoaster ride.	

THEY'RE BACK

Dear Friends

Our world is moving so quickly, with genetic modification, global shifts in political power, the rising cost of living and instant access to endless content. This year's Sinai Indaba confronts these burning issues.

To explore the issues and unpack our Divine guidance for life, we've brought back some of the Jewish world's top thinkers and speakers, whose eloquence and insight promise to enthrall.

Our challenges may seem new, but their solutions are encapsulated in our eternal Torah wisdom, G-d's blueprint that guides us. As our sages say: "Turn it [the Torah] over and over, because everything is in it."

At Sinai Indaba, we draw on the warmth and energy of being part of the spectacular South African Jewish community. May the insights we get help us confront life's challenges with confidence, courage and clarity.

See you at Sinai!



Chief Rabbi Warren Goldstein

WITH GRATEFUL THANKS

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MAJOR GENERAL YAAKOV AMIDROR

Major General Yaakov Amidror, former national security advisor to Prime Minister Binyamin Netanyahu, returns to our Sinai stage as a master on all matters of Israel's national security. This is an opportunity to listen to the man who was the head of the Research Department of Israeli military intelligence, played a central role in high-level talks with US officials over the Iranian nuclear programme, led efforts to restore relations with Turkey following the Gaza flotilla incident, and presided over Operation Pillar of Defence – an IDF operation aimed at halting rocket attacks from Gaza. Today, he is the Anne and Greg Rosshandler Senior Fellow at the Jerusalem Institute for Strategic Studies, a leading security think tank. Amidror offers a no-holds-barred look into Israel's military, security and strategic affairs.

RABBI ZEV LEFF

Rabbi Zev Leff, one of the most colourful and creative Torah thinkers of our time, is back. Rav and communal leader of Moshav Matityahu, Rabbi Leff is known for his exceptional ability to weave together seemingly different narrative strands to create dazzling illuminations on Torah themes and interludes. Rabbi Leff also oversees the 20-member *kollel* on the *moshav*, and his recorded lectures – characterised by his sharp wit and analytical brilliance – are distributed worldwide. He teaches in many seminaries and *yeshivas* in Israel, as well as rabbinical training programmes. Rabbi Leff is the author of *Outlooks and Insights* (Artsroll) on the weekly Torah portion; *Festivals of Life* (Targum) on the various holidays; *Shemoneh Esrei* (Menuchah) on the weekday *Amidah*; and *Shemoneh Esrei of Shabbos* (Menuchah) on the *Amidah* for Shabbos. He is a featured speaker for many organisations and conventions worldwide, and his written articles appear in various English language newspapers and magazines.

RABBANIT YEMIMA MIZRACHI

Recently voted one of Israel's most influential women, Rabbanit Yemima Mizrachi is gracing our stage once again to speak straight to the hearts of women in a way only she knows how. Known for her phenomenal energy and wisdom, Rabbanit Mizrachi draws hundreds of people to her talks every week, representing the full gamut of Israeli society. A mother, a qualified lawyer and the granddaughter of the former Chief Rabbi of Morocco, Rabbanit Mizrachi is a brilliant and creative Torah scholar in her own right.

RABBI SIMON JACOBSON

New to Sinai and most well-known for his best-selling book, *Toward a Meaningful Life*, his Meaningful Life Center has been described as the spiritual Starbucks by the *New York Times*. Rabbi Simon Jacobson is easily considered one of the most outstanding speakers in the Jewish world today. His books have sold over 300 000 copies and have been translated into Hebrew, French, Spanish, Dutch, Portuguese, Italian, Russian, German, Hungarian, Polish, Czech and Georgian. Clearly no stranger to the media, Rabbi Jacobson has been interviewed on over 300 radio and TV shows, including *CNN with Larry King* and the *Charlie Rose Show*. His sought-after talks have captured the hearts of thousands of participants on six continents and in 40 states, with a strong, spiritual message and unique insight into the human condition. Rabbi Jacobson is truly a master in applying Jewish thought to contemporary life and possesses the unique ability to express the timeless teachings of the Torah in a modern and relevant way.

DAVID SACKS

Known as one of the funniest and deepest speakers at Sinai Indaba to date, David Sacks is back. Beginning his comedy writing career as editor of Harvard's satirical magazine, *The Harvard Lampoon*, Sacks went on to become a writer and producer on *The Simpsons*, one of the most acclaimed, well-loved and enduring television series of all time. After winning an Emmy Award for his work on the sitcom's landmark fifth and sixth seasons, he began writing and producing for another TV cult classic, *3rd Rock from the Sun*, for which he received a Golden Globe award. His other noteworthy credits include *Malcolm in the Middle*, *The Tick*, *Regular Show* on Cartoon Network, and *Murphy Brown*. Currently, he is executive producing *Final Space*, an animated space opera available on Netflix. An expert on new age spiritualism, combined with deep Kabbalistic/Chassidic ideas, Sacks produces a weekly podcast, *Spiritual Tools for an Outrageous World*, available on iTunes and Stitcher. He is co-founder of and senior lecturer at The Happy Minyan of Los Angeles.

SLOVIE JUNGREIS-WOLFF

She's powerful and compassionate, she's soulful and worldly, she's insistent and understanding, and she's back. Slovie Jungreis-Wolff is an acclaimed relationships and parenting instructor. Her groundbreaking book, *Raising a Child with Soul*, has been a source of guidance and support to countless parents around the world, providing them with the keys to raising children with gratitude, respect, compassion and healthy priorities. For over 20 years, Jungreis-Wolff has taught young couples and parents at Hineni International, the pioneering Jewish outreach organisation founded by her mother, Rebbetzin Esther Jungreis. She also writes prolifically on marriage, parenting, spiritual growth and psychological well-being.

DR DAVID PELCOVITZ

The world authority on marriage, parenting, and child and adolescent behaviour is back. Professor of psychology at Yeshiva University, Dr David Pelcovitz intertwines his psychological expertise with Torah values and insights. For over two decades, he has held many prestigious positions, including director of psychology at the North Shore University Hospital and at NYU School of Medicine, where he was clinical professor of psychology. He has also published several books, including *Balanced Parenting: Love and Limits in Raising Children* (which he co-authored with his father) and *Breaking the Silence*, dealing with child abuse in the Jewish community. He received his PhD from the University of Pennsylvania and specialises in family violence and child mental health. He has consulted extensively with families in the US, Europe and Israel on a wide range of issues facing children and adults.

YONATAN RAZEL

Stamp your feet and clap your hands, because Yonatan Razel is lighting up our Sinai stage again. Razel is one of the most talented and exciting musicians in Israel today, receiving awards for 'Singer of the Year' and 'Song of the Year'. He also composed the music of *Vehi she'amda*, sung as a duet with Yaakov Shwekey and which was given the award 'Song of the Decade' by Kol Chai radio station. Razel served as the musical director of the Ra'anana Symphonette and composed and conducted classical works for the Israel Chamber Orchestra. He has directed concerts in Lincoln Park, New York and with the Russian Philharmonic in Moscow, and has worked with various popular Israeli artists. He divides his day between being a father, Torah learning and his career. Razel has bridged deep divides within society with his incredibly moving and meaningful music.

ALEX CLARE

Our bona fide British rock star Alex Clare brings back both his evolving story and his guitar to inspire, uplift and ignite. In the mid-2000s, Clare decided to change his life and became religious, and lost a record deal due to his observance. However, nothing could stop him from becoming the superstar he was born to be. He has hit number four on the UK Singles Chart and number seven on the US Billboard Hot 100. He has been nominated for five World Music Awards and counts Beyoncé and Adele among his fans. Clare is one of the few people in the world who successfully juggles a religious lifestyle while maintaining a truly booming music career.

RABBI DR AKIVA TATZ

You know him, you love him, and now he's back with more of his magic. Rabbi Dr Akiva Tatz, a graduate of Wits Medical School, was born and raised in Johannesburg. An acclaimed author and lecturer on Jewish thought, philosophy and medical ethics, he teaches internationally and at the Jewish Learning Exchange, in London, where thousands flock to hear his words of wisdom. Recordings of his lectures are widely loved and distributed. Rabbi Tatz is the founder and director of the Jerusalem Medical Ethics Forum, which teaches and promotes knowledge of Jewish medical ethics around the world. He has written several books, and has truly mastered the art of engaging and inspiring his audience wherever he goes.

GARY TORGOW

New Sinai speaker Gary Torgow is an inspirational communal and business leader, founder and volunteer. Torgow is the chairman of Chemical Financial Corporation, the holding company for Chemical Bank (the largest bank headquartered in Michigan). He is also the founder and chairman of the Sterling Group, a Michigan-based real estate, development and investment company. He currently serves on the board of Blue Cross Blue Shield of Michigan, and is an executive board member of Business Leaders of Michigan and a trustee and board member of the Community Foundation of Southeastern Michigan. He is on the Foundation Boards of Wayne State University and Henry Ford Hospital, and is a member of the Beaumont Health Trustees. Torgow serves as a trustee on the board of Touro College,

is on the executive board of the Jewish Federation of Metropolitan Detroit, he's a senior VP of the Orthodox Union and is the board president of Detroit's largest Jewish day school, the Yeshiva Beth Yehudah. He is a board member of the Mesorah Heritage Foundation and has served as a volunteer on numerous civic and communal boards, including the Detroit Economic Growth Corporation and the Michigan Civil Rights Commission, both of which he served as chairman.

SATURDAY 2 MARCH

20:00 GRAND OPENING

20:30

Alex Clare live

Chief Rabbi Warren Goldstein

Opening session

On courage

In less than 10 minutes each, the speakers will share their perspectives on finding courage.

Rabbanit Yemima Mizrachi
Gary Torgow
David Sacks
Rabbi Simon Jacobson

Yonatan Razel live



Sinai Encore is sponsoring a **FREE** camp for kids so you can enjoy an inspirational and stress-free day, knowing your kids are being looked after in the room next door.

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